



off broadway
PRESCHOOL
of fine arts

WEEK 3

Sept. 2-6, 23-27, Oct. 14-18, Nov. 4-8, Dec. 2-6, Jan. 6-10, Feb. 17-21, Mar. 10-14,

Apr. 7-11, 28-May 2, 19-23

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Whole grain cereal Blueberries 1% Milk	Morning Snack Whole Grain Bagels with Cream Cheese Banana	Morning Snack Apple Cinnamon Oatmeal Bars Strawberries	Morning Snack Scrambled Eggs Sweet Peppers	Morning Snack Greek Yogurt with Peaches
Lunch 1% Milk Turkey burgers on whole wheat buns Sautéed Asparagus Clementines	Lunch 1% Milk Chicken Meatballs Couscous Cucumbers & Tomatoes Grapes Tzatziki Sauce	Lunch 1% Milk Sweet potato macaroni and cheese with whole wheat pasta Steamed green beans Pears	Lunch 1% Milk Taco Bar with Ground Turkey, Cheese, Shells, Lettuce and Salsa Carrots Apples	Lunch 1% Milk Pizza Green Salad Grapefruit
Snack Kiwi fruit Rice Cakes with Sun Butter	Snack Homemade Whole Grain Chex Mix Carrots	Snack Sweet potato oven fries Edamame	Snack Hummus Whole Grain Crackers Snap Peas	Snack Cheddar Bunnies Applesauce